

# The Good Neighbor

August 2013

A Monthly Publication for Menlo Commons Residents

No. 2

**Don't Miss - Labor Day Barbeque, Monday Sept. 2 - 5 p.m.**

Bring your own meat to slap on the barbecue with chefs Hal Harbatkin and Bob Grimes. Side dishes and desserts will be provided. Meet at the Menlo Commons Room and the swimming pool.

## MEET YOUR NEIGHBOR

### An Interview with Gayle Deutsch



**TGN: When did you move here?**

**Gayle:** Escrow closed in mid-June of this year.

**TGN: Why did you select Menlo Commons?**

**Gayle:** The location was close to Stanford Medical Center, where I work. This is a nice community. I like the quiet atmosphere and the trees along side Bldg. E. I am age 55, so I just meet the minimum age requirement for Menlo Commons.

**TGN: What work do you do?**

**Gayle:** I am a neuropsychologist, which means I evaluate persons who may have cognitive problems, impairments in memory or attention are two examples. Some of the patients I see have epilepsy and they may need surgery. My job is to provide the neurologists with an assessment of their problems before surgery.

**TGN: Does that mean you are a doctor?**

**Gayle:** I have a Ph.D, so they call me "Dr. Deutsch". I graduated from Drexel University in Philadelphia, and did my internship at the University of Pennsylvania.

**TGN: What age range are your patients?**

**Gayle:** I see adults at Stanford Medical Center, age 18 and older. I also see children and teenagers at a private office in Los Altos. In the past, I did research with children who had reading disabilities. Now I am doing some research with Alzheimer's patients.

**TGN: What other places have you worked at?**

**Gayle:** I have worked at New Jersey Neuroscience Institute, St.

Mary's Hospital in Long Beach and UC Irvine Medical Center.

**TGN: Do you have a pet?**

**Gayle:** Yes. I have Dash, who is a Cavalier King Charles Spaniel. I share him with my ex-husband, so I get him for about two weeks every month. He is very affectionate, friendly, and lively. He likes to take walks with me and is a good companion.

**TGN: What do you do in your spare time?**

**Gayle:** I play some tennis with friends, and I follow tennis tournaments on TV and at Stanford. I also am starting to ride my bicycle to work. I like to eat meals out with my friends and see movies.

**TGN: Where is your family?**

**Gayle:** I was born and raised in Pennsylvania. My mother is now age 82 and living in Bryn Mawr, Pa. She is still working as an administrator in clinical trials for persons with medical disorders. I have a sister who lives in Doylestown, Pa., and also a sister who lives in Maine - her son, my nephew, is earning his Ph.D. at Carnegie Mellon, and her daughter, my niece, lives in Boston. We get together whenever we can. This year I visited with everyone while I was in Boston for a seminar.

**TGN: May we take some pictures of your remodeled unit?**

**Gayle:** Yes. I am really enjoying it, particularly the kitchen and bathroom which have been nicely refurbished.

**TGN: Thanks. You can see the separate article about your unit with a couple of pictures on Page 2 of this issue.**

## Spiffy Places at Menlo Commons: Unit E302



This one-bedroom remodel demonstrates how "spiffy" a Menlo Commons unit can become. Gayle Deutsch purchased this already redone condo in June 2013. New granite counters, new kitchen appliances, redone bathroom, new carpeting, and repainting added to this E302 unit. Cabinetry was already there, including shelving and cupboards in a nice off-white tone. The third floor patio looks out into trees and is a pleasant place to relax.

←New appliances in the kitchen.  
Marble style tiles above bathtub→  
Gayle behind the new granite counter in the kitchen.▼



## Let's Go to An Event at "Little House"

Little House is located at 800 Middle Ave. in Menlo Park, and is for senior citizens interested in being active at any level, from movie watching, to taking classes, playing games, adventuring out into our Bay Area with a group, by bus and for lunch. Membership is \$60 per year. Non-members can also participate for a nominal fee per event. (It is run by Peninsula Volunteers, You can call them at 650-326-2025.) There is a monthly printed schedule for you. Here is a partial schedule for August.

**Eclectic Movies:** 1 p.m. Mondays (\$3 for nonmembers):

Aug. 19: "Silver Linings Playhouse" (2012) - Engaging movie about the social and romantic struggles of a bipolar man (Bradley Cooper). Also stars Jennifer Lawrence.

Aug. 26. "The Vow" (2012) - Rachel McAdams stars in this romantic drama about a newlywed woman who slips into a coma after a car accident and awakens with amnesia. Her devoted husband (Channing Tatum) must help her recover and also win her back.

**Culture Movies:** 1 p.m. Wednesdays (\$3 to nonmembers):

Aug. 14 - "August Rush" (2007) - After cellist Lyla (Keri Russell) and guitarist (Jonathan Rhys Meyers) share an enchanted night together, circumstances rip them apart, and the child produced by the union is raised by an opportunistic stranger (Robin Williams) who nurtures the boy's musical talent.

Aug. 21 - "Buck" (2011) Buck Brannaman, inspiration for "The Horse Whisperer", is revealed as a complex figure in this Sundance Audience Award winner for Best Documentary by Cindy Meehl. The master horseman reveals details of his troubled childhood and his dawning awareness of new ways that humans and horses might work with one another.

Aug. 28 - "Little Women" (1994) - Louise May Alcott's beloved novel comes to life in this sensitive, soulful adaption. Four sisters and their mother battle life's vicissitudes in Civil War-era America after their father leaves to join the army.

**Special Tuesday Tea:** \$3 for non-members:

Aug. 27, 1:30 p.m. "California Apricots - The Lost Orchards of Silicon Valley" with author John Robin Chapman exploring the history of Santa Clara Valley for almost 100 years..

## Quotable Quotes

"To be old and wise you first must be young and stupid."

"Smile at everyone, you never know what creates a friendship."

"You cannot erase the past, but you can write your future with a sharper pencil."